

# COSTA RICA

## Hummingbirds & Quetzal Tour

March 27 - April 3, 2025

### Trip Report



Text & photos by  
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# TOUR SUMMARY

Our fourth Hummibirds & Quetzal Tour started in our comfortable hotel near the Juan Santamaria Airport (SJO) that featured great views of Ferruginous Pygmy-Owl, Spot-breasted Oriole, Lineated Woodpecker, Cinnamon Hummingbird and a variety of common birds like Clay-colored Thrush and Hoffman's Woodpecker..

During the next two nights we stayed at beautiful Hotel Quelitales and explored El Copal Reserve, Ujarrás Valley & Irazú Volcano, where we encountered many feathered jewels like Snowcap, Green-fronted Lancebill, White-bellied Mountain-gem, Black-bellied Hummingbird, Violet Sabrewing, Green Hermit, Green Thorntail, Volcano Hummingbird (Purple-throated), Speckled Tanager, Bay-hedded Tanager, Emerald Tanager, Scarlet-thighed Dacnis, Black-and-yellow Tanager, Cabanis's Ground-sparrow, Scaled Antpitta, Sooty-faced Finch, Hook-billed Kite, nesting Sunbitterns, 3 species of Owls (Crested Owl, American Barn Owl & Tropical Screech-Owl) and enjoyed hundreds of Broad-winged Hawks migrating!

We're delighted with the delicious meals at the lodge and stopped at Finca Cristina to buy wonderful organic, shade-grown coffee!

Then, we stayed 3 nights at Sueños del Bosque Lodge, in the highlands of the Talamanca Mountain Range. Here, we enjoyed lots of regional endemic birds from the cloudforest and paramos present in this region., Some highlights include Fiery-throated Hummingbird, Talamanca Hummingbird, Lesser Violetear, Blue-vented Hummingbird, White-throated Mountain-gem, Volcano Hummingbird (Heliotrope-throated), Coppery-headed Emerald, Black-cheeked Warbler, Collared Redstart, Flame-colored Tanager, Spotted Wood-quail, Ruddy Treerunner, Streak-breasted Treehunter, Yellow-thighed Brushfinch, Volcano Junco, Elegant Euphonia, Torrent Tyrannulet, American Dipper, Spangle-cheeked Tanager, Northern Emerald-Toucanet, Long-tailed and Black-and-yellow Silky-Flycatchers and (of course) we had fantastic moments with the mythical Resplendent Quetzal!

On the way back to San José, we stopped at the Bekuo studio, where the artist Tamara Rojas sells amazingly beautiful apparel with Costa Rican native wildlife!

Overall, this trip was much more than just birds. Great accommodations, delicious food and a group full of positive energy, laughs and joy for nature!



# HIGHLIGHTS

- Resplendent Quetzal
- Sunbittern
- Raptor migration.
- Long-tailed Silky-Flycatcher
- Volcano Junco
- Lesson's Motmot
- Slaty Flowerpiercer
- Black Guan with chick.
- Snowcap
- Cabanis's Ground-sparrow
- Collared Redstart
- Northern Emerald-Toucanet
- American Barn Owl
- Crested Owl
- Elegant Euphonia
- White-breasted Wood-wren
- The variety of birds and colors.
- Accommodations and meals.
- Ramón and Jose Pablo!
- The Irazú Volcano
- Having time to admire nesting behaviour of many species of birds. Including the Sunbittern, Northern Emerald Toucanet and Resplendent Quetzal.
- Everybody's great energy and patience!





# PHOTOS



Bay-headed Tanager.



Snowcap.



# PHOTOS



Emerald Tanager.



Sooty-faced Finch.



# PHOTOS



Sunbittern.



Green-fronted Lancebill.



# PHOTOS



White-bellied Mountain-gem.



Volcano Hummingbird.



# PHOTOS



White-throated Mountain-gem. Female



White-throated Mountain-gem. Male



# PHOTOS



Sooty-capped Chlorospingus.



Talamanca Hummingbird.



# PHOTOS



Sooty-capped Chlorospingus.



Fiery-throated Hummingbird.



# PHOTOS



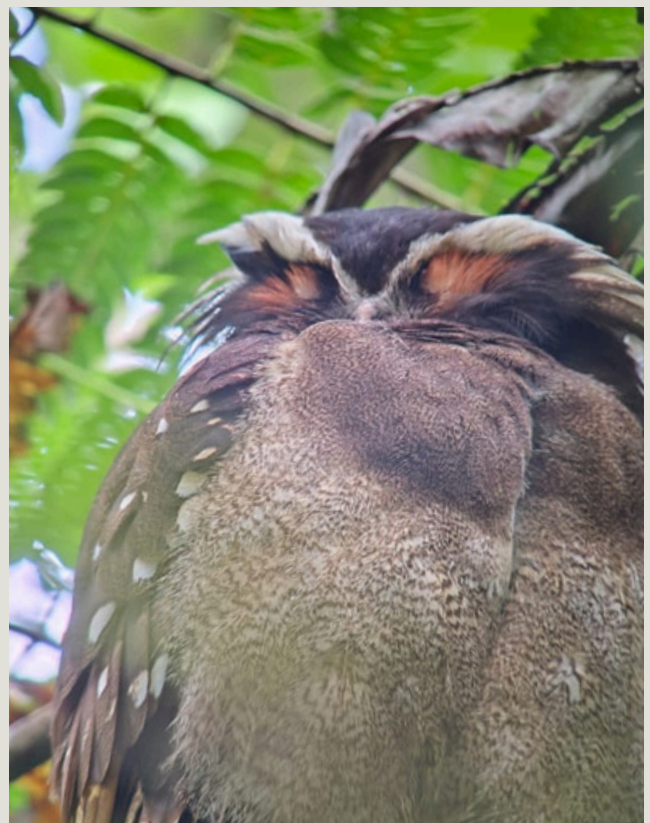
Ferruginous Pygmy-owl.



Tropical Screech-owl



American Barn Owl



Crested Owl



# PHOTOS



Resplendent Quetzal.



# PHOTOS





# 201 SPECIES

## LINK TO EBIRD TRIP REPORT

[Costa Rica - Hummingbirds & Quetzal 2025 - eBird Trip Report](#)

